



## COVID-19 Policy

At First Step we are committed to following the guidance and advice from Vancouver Coastal Health. As such here are additional changes to our sick policy.

Here are the actions implemented:

- 1- We ask that in the meantime, during drop off and pick up all parents leave their children to our care at the front entrance and avoid unnecessary long stays.
  - The sign in/out with a clipboard, is placed at the front entrance, all parents need to sign in/out at the entrance.
- 2- Should parents arrive together with their children we ask that you wait one by one as we take the children in and attend the next child. We need to make sure we apply the physical distancing required by government, which is 2m (6ft).
- 3- Parents and caregivers must assess their child daily for symptoms of common cold, influenza, COVID-19, or other infectious respiratory disease before sending them to the center. (See below)
- 4- All parents, caregivers, children and staff who have symptoms of COVID-19 OR have travelled outside Canada in the last 14 days OR were identified by Public Health as a close contact of a confirmed case must stay home and self-isolate (confirmed or presumptive must quarantine for 14 days).
- 5- Children, who are ill, along with parents, siblings, attending the facility, including children of essential service providers, will not be permitted to attend childcare for 10 days. (See below)
- 6- Any child showing any symptoms will be sent home immediately.
  - A) Our Symptoms Policy is 10 days isolation, unless Provide with an original NEGATIVE Covid test and resolution of any symptoms.
  - B) Children with allergy's need to have a health care prof of being healthy.



7- Daily check for the following symptoms (any of these symptoms, the child must stay home):

### **Symptoms of COVID-19**

The symptoms of COVID-19 are similar to other respiratory illnesses including the flu and common cold. The most common symptoms of COVID-19 include:

- Fever (see below)
- Chills
- Cough or worsening of chronic cough
- Shortness of breath
- Sore throat
- Runny nose
- Loss of sense of smell or taste
- Headache
- Fatigue
- Diarrhea
- Loss of appetite
- Nausea and vomiting
- Muscle aches

While less common symptoms can also include:

- Stuffy nose
- Conjunctivitis (pink eye)
- Dizziness, confusion
- Abdominal pain
- Skin rashes or discoloration of fingers or toes.



**Starfish child center**

**1657 Philip Ave, North  
Vancouver, BC, V7P2V9**

8- Ensure that no Tylenol or Advil is given to kids at least 8hrs prior to arrival, parents are also asked to measure the temperature of their child every morning prior to coming to daycare.

9- we will be practicing frequent hand washing and will review and implement proper hand washing with children. All children will have their hands washed upon arrival.

10- Temperature check will be taken throughout the day.

11- Please make sure that all kid's blankets, sheets brought in are washed and sanitized prior to bringing it.

12- No toys or stuffy from home.

The Covid-19 policy will continue until licensing/Health Canada has cleared it. (most likely till a vaccine is available for Covid-19)

We are more than happy to answer questions you might or one that that could help increase the safety of our kids.

Have more questions? Just call or e-mail us. Contact us as soon as possible.

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**Starfish Child Centre LTD. 2024**